

One-to-one coaching for the leaders you name.

The company pays and agrees the outcomes. The leader chooses the coaching. What is said in the room stays in the room.



ICF Professional Certified Coach (PCC) · 1,100+ hours · 300+ clients · 50+ senior executives · Former SAF Battalion Commander

Who it is for. A company paying for one-to-one coaching for named leaders, from newly promoted team leads to senior executives. Any number of leaders. There is no sponsored single session. For a programme designed for the organisation (cohorts, group sessions, organisation-level reporting), ask for a written proposal.

The two packages, per leader

WHAT IS INCLUDED	3 SESSIONS	6 SESSIONS
Price per leader (SGD 500 a session)	SGD 1,500	SGD 3,000
Free 30-minute Clarity Call per leader	■	■
Goal-setting sit-down with HR	■	■
75-minute coaching sessions	3	6
CliftonStrengths profile, with debrief	■	■
Values Navigator profile, with debrief	Not included	■
Mid-point check-in with the sponsor	Not included	■
Closing review with the sponsor	■	■

How it works

- 1 Clarity Call** for each leader, so the leader chooses the coaching.
- 2 Goal-setting with HR** on the goals and outcomes the company wants.
- 3 Coaching alliance**, designed with the leader around their own goals.
- 4 Sessions** in Singapore or online, with a full 60 minutes of coaching.
- 5 Profiles**, each debriefed by Prathap. They are the leader's to keep.
- 6 Sponsor reviews.** Mid-point in six sessions. Closing in both.

WHAT THE SPONSOR HEARS

The outcomes agreed at the start, and progress against them. The check-in and the review are three-way conversations of about 30 minutes: the leader, the sponsor and Prathap. There is no written report.

WHAT STAYS IN THE ROOM

Everything said in the sessions. Coaching runs under ICF ethical standards. Prathap holds the leader's agenda. The sponsor never hears what is said in the room.

For procurement

GST

No GST applies. Men-Kind is not GST-registered. The price shown is the price paid.

INVOICING

Two or more leaders: one company invoice, full price for each leader.

VALIDITY

12 months from purchase. Unused sessions stay available to the same leader within that time.

PAPERWORK

Vendor forms completed. An NDA signed on request.

The coach

Paul Prathap (Prathap Latchmanan), founder of Men-Kind. ICF Professional Certified Coach (PCC), verifiable on the ICF register.

Nineteen years in uniform, from the age of eighteen, seventeen of them as a regular. Battalion command through 2,000+ live operations.

PhD in Defence and Security (in progress), Cranfield. Organisations served include MINDEF, NUS, Tan Tock Seng Hospital and Unilever.

Request a Proposal

menkind.life/workshop-enquiry · choose "Sponsored coaching for our leaders". If anything needs clarifying, I'll reach out within 24 hours. Otherwise you get a written quote within 48 hours.

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menkind.life